Emotional Health is a Priority
Your survey responses made that clear

I want to personally thank resource parents who took the time to answer our Resource Parent Emotional Health Survey. Some months ago we formed the Advocacy Committee at FAPAC, with a mission of streamlining how we learn about and respond to the needs of foster, adoptive, and kinship parents. One of our first projects was to prepare for the February 17, 2022, oversight hearing for the Child and Family Services Agency. Still witnessing the effects of the Covid-19 Pandemic, we had some inclination that mental health support should be one of our major priorities but we needed the data to ensure this was truly the case. So we sent a survey to all CFSA resource parent community in hopes of learning more from you.

Your answers were truly insightful and it is quite clear that emotional health should be an advocacy priority! We testified during the oversight hearing and provided incredible data to DC Council and CFSA, in an effort to partner in developing solutions. As you know some of the solutions will take time and testing, however we at FAPAC are dedicated to implementing solutions that are desired and effective for the foster care community. You played a major role in this process and we thank you for sharing your thoughts with us.

Results

Have you declined a placement during Covid-19 due to concerns about your emotional health?

Overall, does being a resource parent affect your emotional health?

Has Covid-19 affected your emotional health?

Are you aware of any emotional health support services provided by CFSA or its partners, such as therapy through Adoptions Together or supports offered by the Department of Behavioral Health?

If free and confidential emotional health support services were available to you, for yourself, would you utilize them?